



Steppingstone #49

Strengthening Connections – Part 1



Helpful Habit #1:

Doing this habit consistently will be helpful because

.....

.....

.....

.....

.....

.....

.....

.....



Hindering Habit #1:

Doing this habit consistently will be hindering because

.....

.....

.....

.....

.....

.....

.....

.....