



# Steppingstone #28

## Positive Perfectionism

Strongly disagree **0** **1** **2** **3** **4** **5** **6** **7** **8** **9** **10** Strongly agree

**A.** I work hard to ensure that everything I do is as close to perfect as possible

**B.** I try to avoid making mistakes at all times

**C.** When working on tasks, I typically pay close attention to minor details, so that the tasks go as planned

**D.** I aim to be successful in most areas of life

**E.** I want to do the best I can at everything

**F.** I dislike making errors

**G.** I have high expectations of myself

**H.** I try to work to the limits of my potential as often as I can

**I.** I set ambitious goals for myself

**J.** I set high standards in most things I do

Total